



London  
Stock Exchange

## Menu - Spring Summer 2009

### Breakfast

<b>Continental Breakfast</b>	£8.50
Freshly brewed teas and coffee (including herbal and fruit teas) Freshly squeezed orange and fresh juice of the day Selection of mini Danish pastries and croissants	
<b>Hot Ciabatta Breakfast</b> <i>(Minimum numbers 6)</i>	£10.00
Freshly brewed teas and coffee (including herbal and fruit teas) Freshly squeezed orange and fresh juice of the day Selection of hot ciabatta rolls <i>(sweet cured bacon, Cumberland sausage and field mushroom with cheese &amp; tomato).</i>	
<b>Lifestyle Breakfast</b> <i>(Minimum numbers 12)</i>	£11.50
Freshly brewed teas and coffee (including herbal and fruit teas) Freshly squeezed orange and fresh juice of the day Home made smoothie of the day Fresh fruit skewers Mini open bagel topped with smoked salmon Greek yoghurt and homemade granola with seasonal fruit	
<b>Premium Continental Breakfast</b> <i>(Minimum numbers 12)</i>	£13.50
Freshly brewed tea and coffee (including herbal and fruit teas) Freshly squeezed orange and fresh juice of the day Selection of Danish pastries, croissants and sweet muffins Charcoal roasted ham and mature cheddar croissant Greek yoghurt and homemade granola with seasonal fruit	
<b>Full English Breakfast</b>	£16.50
Freshly brewed tea and coffee (including herbal and fruit teas) Freshly squeezed orange and fresh juice of the day Plum vine tomatoes, scrambled eggs, field mushrooms, Suffolk sweet cured bacon, Cumberland sausage, Black pudding Danish and croissant and a selection of cereals	

*(Our breakfast menu are available from 7:00 hours)*



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## Lunch

### Sandwich Lunch

£13.50

Selection of sandwiches in speciality breads, bagels and rolls  
Fresh fruit bowl  
Kettle chips  
A selection of cakes

### Premier Sandwich Lunch

£17.00

Selection of sandwiches in speciality breads, bagels and rolls  
Selection of British and Continental cheeses  
Chermoula chicken skewers  
Leek, potato and goat's cheese tarts (V)  
Fresh fruit bowl  
Fresh fruit tartlets  
Kettle chips  
(Minimum numbers 12)

## Finger buffet

Served with a selection of sandwiches, homemade cakes, a fresh fruit bowl, tea, coffee and your choice of *four finger items* from the selection below.

### Hot items

Lamb samosas with raita  
Italian style meatballs with a tomato dipping sauce  
Chermoula chicken skewers  
Hot smoked salmon fishcakes with tartare sauce  
Vegetable dim sum with sweet chilli sauce (V)

### Cold items

Crab, apple and lime crostini (V)  
Sushi with wasabi, soy sauce and pickled ginger (V)  
Marinated tomato and whipped goat's cheese bruschetta (V)  
Spinach and roast pepper tarts (V)

£24 (Minimum numbers 12)



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## Fork buffet

### Hot Main Courses

**Chicken** - Thai green chicken curry with bamboo shoots and coconut rice

**Lamb** - Navarin of lamb with champ potatoes and spring vegetables

**Sea trout** - Roasted sea trout with cauliflower cream and spring greens

**Tuna** - Grilled tuna, summer beans and salsa verde

**Risotto** - Pea risotto, lemon thyme and wild mushrooms (V)

**Penne** - Penne with leek, chervil and mascarpone sauce (V)

### Salads

Nicoise salad

Tabouleh salad

Seasonal mixed baby leaves

Watercress, feta and watermelon

### Desserts

Passion fruit tart

Pecan pie

Fresh fruit salad with cream

Followed by a selection of British and Continental cheeses

**£33** - Includes *one meat or fish* main course, one vegetarian main course, two salads and one dessert. A selection of British and Continental cheeses and freshly brewed teas and coffees (including herbal and fruit teas) will be included with all choices.

**£39** - Includes *two meat or fish* main course, one vegetarian main course, two salads and one dessert. A selection of British and Continental cheeses and freshly brewed teas and coffees (including herbal and fruit teas) will be included with all choices.

*Please note that unless specifically requested we will produce hot food on a twenty-five percent vegetarian, seventy-five percent non vegetarian basis.*

(Minimum numbers 12)



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## Seated Lunch and Dinner Menu

### Starters

**Tomato** - Tomato consommé with basil, pea and asparagus (V)

**Asparagus** - Salad of asparagus and beetroot with fresh herbs and goat's cheese vinaigrette (V)

**Chicken** - Chicken, leek and truffle terrine

**Salmon** - Confit of salmon with prawn, pea mousse and fennel

### Main Courses

**Plaice** - Pan roasted fillet of plaice, Cromer crab, crushed new potatoes and basil vinaigrette

**Cep** - Risotto of cep and spring onion with grated truffle and parmesan (V)

**Lamb** - Navarin of lamb with buttered vegetables, celeriac puree and thyme jus

**Duck** - Roasted Gressingham duck breast, honey glazed baby onions, salsify, carrot puree and Madeira sauce

### Desserts

**Rhubarb** - Rhubarb and custard tart with rhubarb ripple ice cream

**Chocolate** - Chocolate pannacotta with praline and raspberry

**Pistachio** - Pistachio cake with roasted fig and honey ice cream

**Tiramisu** - Tiramisu with coffee granita

**Cheese** - Selection of British and Continental cheeses

*(as a dessert or as an additional fourth course)*

**Followed by** - *Coffee and home made petit fours*

2 courses            £40

3 courses            £45

4 courses            £51



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## Casual Dining Menu

### Main course

Chargrilled sirloin steak with chips and béarnaise sauce  
Grilled chicken or salmon Caesar salad  
Beer battered fish of the day with thick cut chips and tartare sauce  
Tuna steak nicoise salad  
Marinated mushroom and vegetable salad with coriander and mint

### Dessert

Strawberry, peach and ginger crumble  
Coffee and chocolate mousse cups  
Fig frangipane tart  
Seasonal fruit platter

**2 courses      £26**

*(Minimum numbers 2 - maximum numbers 20)*

## Afternoon Tea

### Tea & Cakes

**£5.00**

Freshly brewed teas and coffee (including herbal and fruit teas)  
Selection of homemade cakes

### Traditional Afternoon Tea *(Minimum numbers 6)*

**£11.50**

Freshly brewed teas and coffee (including herbal and fruit teas)  
Selection of finger sandwiches  
Homemade scones with jam and clotted cream



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## Canapés

### Cold Selection

Salmon rilette with keta caviar on pumpernickel  
Cornish crab potato blinis  
Sushi selection with wasabi and pickled ginger  
Tartar of tuna with caviar and crème fraiche  
Peppered beef, beetroot chutney and horseradish cream  
Prosciutto, ricotta and basil crepes  
Foie gras mousse with liquorice  
Parmesan shortbread with Cashel blue cheese and quince (V)

### Hot Selection

Seared scallop with pea puree and pancetta crisp  
Mini Thai fishcakes with cucumber dipping sauce  
Crab and potato croquette with apple chilli jam  
Roast beef and Yorkshire pudding with béarnaise sauce  
Lamb fillet with shallot chutney on toasted sour dough  
Asparagus veloute with morel mushrooms (V)  
Beetroot and vodka arancini (V)  
Leek and potato tart with goat's cheese glaze (V)

### Sweet Canapés

Chocolate and hazelnut brownie  
Macaroon selection  
Mini pear bourdalou tart  
Vanilla mousse with apple puree and pain d'epice

6 items	£16
8 items	£21
10 items	£27
12 items	£32



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## Additional items

### Nibbles

£2.00

Selection of Kettle chips, rice crackers and savoury coated peanuts

### Deluxe Nibbles

£4.50

Herb roasted pitta bread sticks with hummus and pesto, marinated Queen olives, and homemade parmesan cheese straws

### Cheese Board

£5.50

Selection of five British and Continental cheeses served with Cheese biscuits, Quince paste and roasted walnuts

### Sliced Fruit Platter

£2.50

A selection of freshly sliced fruits

### Fruit Bowl

£2.00

A selection of whole fruits and berries